

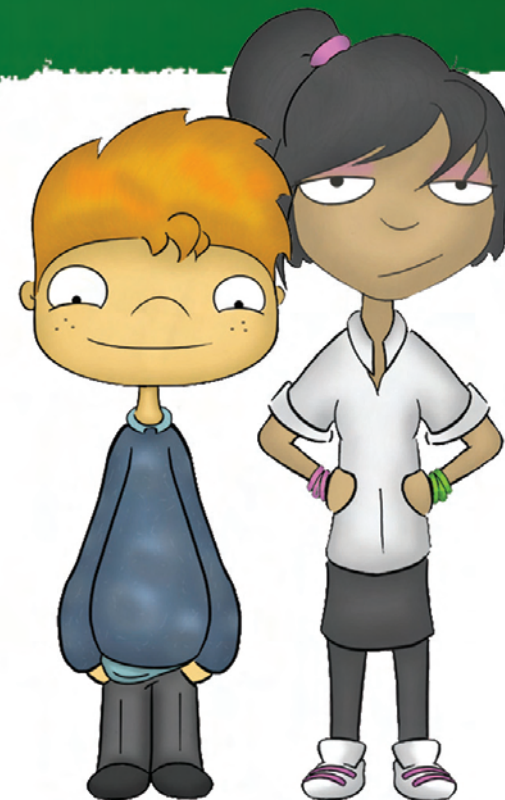
# Toolkit to Identify and Support Young Carers in Primary Schools in Scotland



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# Introduction

This Toolkit provides a framework to assist education staff in Primary Schools in Scotland to identify and support young carers.

It will also assist children of primary school age to identify themselves as carers.

The Toolkit encourages partnership working with local Young Carers Services.

To ensure the Toolkit is effective it requires to be adopted as a whole school approach with a commitment to the Young Carers Charter.



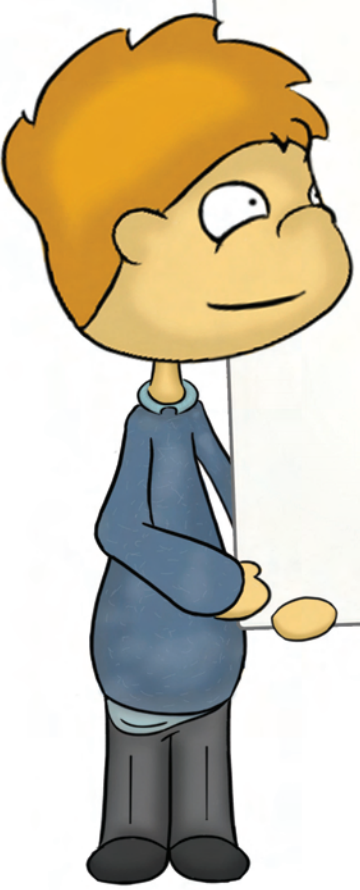
# How To Use...

Each section has an **Objective**, a **Method** and **Resources** to meet the objective

Objective	Method	Resources
Raising awareness of young carers	Whole school approach: All Staff to have Continual Professional Development (CPD) – Engaging with the Toolkit e.g. In-service	<a href="#">CPD byte</a> <a href="#">Personal Learning Checklist for Staff</a>
	Whole school to adopt the Young Carers Charter (Policy)	<a href="#">Charter</a>
	School to appoint a lead person for young carers in school who will liaise with the local Young Carers Service	<a href="#">YC Co-ordinator</a>
	Young carers information to be publicised in school Raising awareness of young carers with: Parents during school enrolment The Parent Council For further information and resources	Newsletter, Website School Notice Board <a href="#">Questionnaire</a> <a href="#">Parent Council</a>  <a href="#">Further info</a>

All resources are **hyperlinked** to documents, other slides or internet links.

Just click on the **underlined links** to access the resource.





# Aims of the Toolkit

A continual process of identification and support for Young Carers

Reviewing & Developing

Listening to Young Carers

Raise Awareness

Supporting

Identifying



# The Toolkit consists of five main sections:

1. Raising awareness of young carers in your school
2. Identifying young carers in your school
3. Supporting young carers in your school
4. Listening to young carers - Young Carers Voice
5. Reviewing your progress



# Raising Awareness...

Objective	Method	Resources
Raising awareness of young carers	<b>Whole school approach:</b> All Staff to have Continual Professional Development (CPD) – Engaging with the Toolkit e.g. In-service	<a href="#"><u>CPD Byte</u></a>  <a href="#"><u>Personal Learning Checklist for Staff</u></a>
	Whole school to adopt the Young Carers Charter (Policy)	<a href="#"><u>Charter</u></a>
	School to appoint a lead person for young carers in school who will liaise with the local Young Carers Service	<a href="#"><u>YC Co-ordinator</u></a>
	Young carers information to be publicised in school  Raising awareness of young carers with: Parents during school enrolment The Parent Council  For further information and resources	<a href="#"><u>Prospectus, Newsletter, Website</u></a> <a href="#"><u>School Notice Board</u></a>  <a href="#"><u>Questionnaire</u></a> <a href="#"><u>Parent Council</u></a>  <a href="#"><u>Further info</u></a>



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# Identifying...

Objective	Method	Resources
<p><b>Identifying young carers</b></p> <p>Young Carers Topic – How it fits with the CfE</p>	<p>Personal Social Education lessons                      Assembly powerpoint                      Online DVD clips                      Power point presentation for young carer lesson.</p> <p>Follow up lesson plan:                      Case Studies, Poster &amp; Feedback Tasks                      Case Study for discussion                      " A Day in the Life of a Young Carer"</p> <p>Curriculum for Excellence (CfE)                      Health &amp; Wellbeing Experiences &amp; Outcomes for pupils</p> <p>CfE learning outcomes across the curriculum and success criteria for pupils</p>	<p><u><a href="#">Resource Pack</a></u>  <u><a href="#">In Other Peoples Shoes</a></u>  <u><a href="#">Video links</a></u>  <u><a href="#">YC ppt + notes</a></u></p> <p><u><a href="#">Lesson Plan</a></u>  <u><a href="#">Case Study Tasks</a></u>  <u><a href="#">Case Study - Joe</a></u>  <u><a href="#">Case Study - Tariq</a></u></p> <p><u><a href="#">Topic Forward Plan</a></u></p> <p><u><a href="#">Cross curricular links + learning outcomes</a></u></p> <p><u><a href="#">Topic Feedback Questionnaire</a></u></p>
	<p>Feedback questionnaire to allow pupils to self identify</p>	



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# Supporting...

Objective	Method	Resources
Support for young carers	Young carers Co-ordinator facilitates support in school by linking with external agencies where appropriate	<u>Flow chart</u>
	Co-ordinator keeps a register of young carers to track and monitor their progress and outcomes	<u>Monitoring/progress</u>
	Referral to local Young Carers Service	<u>Referral Form</u>
	Peer mentoring e.g. seasons for growth group, young carers school group and buddy system	<u>Benefits for young carers</u>
	One to one Teacher time as required by young carers	<u>Suggestions...</u>
	Young carers support card	<u>Support Card</u>
	Access to Additional Support for Learning as required	<u>ASL</u>



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# Listening...

Objective	Method	Resources
Young Carers' Voice	Young carers feed into the school council via a suggestion box	
	Regular meetings for young carers to voice their individual needs	<u>Young Carers Co-ordinator</u>
	Articles in the school magazine	<u>SHS mag</u>
	Young carers raising awareness by creating power points to show at school assemblies, parents evenings. Young Carers powerpoint	<u>YC ppt</u>
	One to one Teacher time as required by young carers	<u>Suggestions...</u>
	Input from Young Carers Service	<u>YC Service</u>
	Young Carers Festival	<u>Report</u>



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# Review... Reflect... Respond...

Objective	Method	Resources
Review & Develop	Feedback from young carers in school who are receiving support	<u>Young Carers Feedback</u>
	Input from Local Young Carers Service	<u>YC Service</u>
	Progress and outcomes for young carers registered & parent feedback	<u>Monitoring form</u> <u>Parent feedback</u>
	Multi-agency meeting as required	
	Continual development of identification and support systems for young carers Transition support from Primary to Secondary	<u>Growing on Glow</u> <u>Action Sheet</u> <u>Transfer Plan</u>
	Getting It Right For Every Child (GIRFEC) Integrated Children's Service Action Plan for Young Carers	<u>GIRFEC</u>
	HMIE Journey to Excellence: Supporting young carers good practice example	<u>Young Carers</u>



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# CPD Byte

## INSTRUCTIONS

1. Read Fact sheet
2. Read Case Study and answer questions using the Toolkit
3. View Video Clips : Young Carers Matter Too  
North Lanarkshire Young Carers
4. Click on [www.youngcarers.net](http://www.youngcarers.net)  
National online website for young carers (click on 'Professionals')
5. Complete Action Sheet

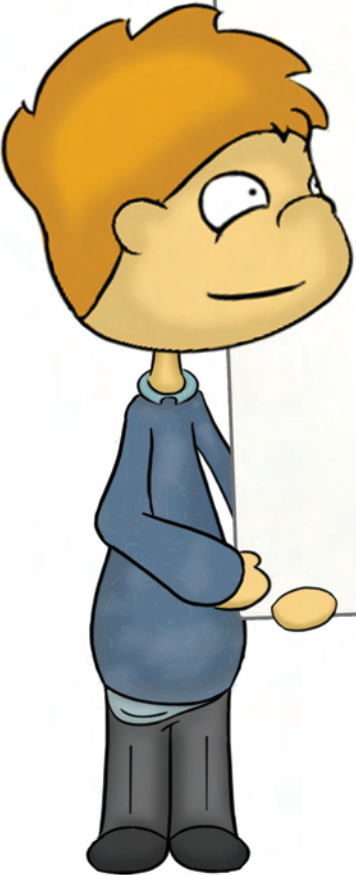




# Useful Links

## TEACHERS TV

- [School Matters – Young Carers](#) (30 min)
- [Supporting Young Carers](#) (15 min)



# Consultation Document

- Intro: Background, Aims & Outcomes of Toolkit
- Methodology
- Survey Results from Young Carers Service Staff and Education Staff
- Young Carers Feedback
- GLOW
- Commitment from Scottish Government to promote the Toolkit



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# Methodology

Toolkit ready to pilot



Redraft Toolkit



Consultation Event



Format Draft Toolkit



Evaluation



Desktop Research:  
Resource  
materials

Main Project visits/consultations:  
Dundee, Edinburgh, Fife, Glasgow, Moray,  
Perth, Renfrew, South Ayrshire

GLOW  
Young Carers National  
Group/online survey



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# GLOW: Young Carers National Group

Education Scotland  
Foghlam Alba

Go to Glow

Enter search Search

LTS home Understanding the curriculum Building your curriculum Learning, teaching and assessment Supporting learners Community learning and development Using Glow and ICT

## Sharing Practice

Sharing practice Young Carers

**Curriculum areas**

- Classical languages (2)
- Expressive arts (11)
- Gaelic (learners) (3)
- Health and wellbeing (15)
- Literacy and English (13)
- Literacy and Gàidhlig (5)
- Mathematics (15)
- Modern languages (11)
- Numeracy (1)
- Religious and moral education (8)
- Sciences (21)
- Special needs (12)

**Young Carers**



The Princess Royal Trust for Carers

They may irritate you by coming late to school, failing to complete homework assignments and not paying attention in class. But before you give them a punishment exercise, Louise McDonald urges teachers to consider the possibility that a pupil who is performing poorly may, in fact, be a 'young carer'.

**Related links**

- Young Carers Initiative  
Useful website for young carers, their families and those working with young carers. The Young Carers Initiative is run by The Children's Society.
- East Ayrshire Carers Centre: Young Carers



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# Thank You

The Princess Royal Trust for Carers  
would like to thank and acknowledge  
the contribution to this toolkit from:

## List of Contributors

Developed and compiled for  
The Princess Royal Trust for Carers  
and The Scottish Young Carers Services Alliance  
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Training & Development Consultant



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